



Headteacher: **Mr J Grant**

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April 2015

OPTION

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Dear Parent/Carer

Curriculum Enhancement Week - Outdoor Adventurous Activities

Year 8 students opting to go to Ardingly Reservoir on a daily basis on 14th, 15th, 16th and 17th July 2015

Students will require the following items for their daily visit to Ardingly:

- comfortable clothing ie shorts, tracksuit trousers, t-shirts, sweatshirts etc **not jeans!**
- waterproofs
- a change of clothes
- training shoes
- **must bring a swimsuit, a spare pair of training shoes and a towel**
- a packed lunch
- sunscreen/hat.

NB: No jewellery to be worn

All students should meet on the grass area in the front of the school or in the dining hall (if it is raining) at 8.25am on each of the mornings.

Please fill in the attached medical form and return it to the year office by Friday 8th May 2014.

At the end of the week's programme we will look forward to hearing about their thoroughly enjoyable and educational experiences. If you have any further queries, please do not hesitate to contact us at school.

Yours sincerely

Mrs G Sands

Teacher of Physical Education

