

# Learning 4 Life

From Easter 2018 Sackville will deliver its new Learning 4 Life programme (SMSC, Citizenship, PSHCE, PiXL Them and Us) through a well-resourced curriculum twice a week in two 20 minutes sessions delivered in tutor time. This will be complemented with a 20 minute assembly on the same topic / theme which will be consistent across all Years 7-11.

Learning 4 Life will address three topics each half term, 18 across the academic year giving each topic four 20 minute classroom sessions and two assemblies. This will be further complemented by de-timetabled days. Learning is spiral and age appropriate with the same 18 themes being re-visited year on year.

Health and Wellbeing	Relationships	Living in the Wider World
<ul style="list-style-type: none"> <li>Transition</li> <li>Physical, mental and emotional health &amp; wellbeing</li> <li>Drugs, alcohol &amp; tobacco</li> <li>Healthy diet</li> <li>Parenting- teenage parenting</li> <li>Risks to health</li> <li>First Aid</li> <li>Role of media on lifestyle.</li> </ul>	<ul style="list-style-type: none"> <li>Healthy relationships</li> <li>Managing emotions within relationships.</li> <li>Negative relationships – abuse, online bullying, sexual violence</li> <li>Consent</li> <li>managing loss including bereavement, separation and divorce</li> <li>respecting equality and diversity</li> </ul>	<ul style="list-style-type: none"> <li>rights and responsibilities as members of diverse communities, as active citizens and participants in the local and national economy</li> <li>making informed choices and be enterprising and ambitious</li> <li>Careers and skills</li> <li>Economic and business environment (British Values)</li> </ul>

YEAR	Autumn 1 Wellbeing 1	Autumn 2 Relationships 2	Spring 1 Living in the Wider World 1	Spring 2 Wellbeing 2	Summer 1 Relationships 2	Summer 2 Living in the Wider World 2
<u>7</u>	Transition	Friendships and anti-bullying including online relationships	Sustainability and the Environment Responsibilities	Diet and Nutrition	Citizenship Globalisation (British Values)	Crime
<u>8</u>	Digital Safety Safe Online Talk Identity and the internet Body Image	Relationship issues- e.g conflict, divorce, bereavement	Democracy and Government British Values	Drugs, Alcohol, Tobacco	Relationships in the UK Race and Culture Immigration	Exploitation
<u>9</u>	Mental Health and emotional wellbeing	Online relationships- Digital safety	Employment Rights	First Aid (link to counter terrorist resources???) Run, Hide, Tell?)	Racism, prejudice and discrimination Homophobia, Internet Abuse	Enterprise How to start business How to make a profit
<u>10</u>	Risk- drugs, going out at night- personal safety Alcohol and the impact on safety- long term health	Sex and relationships Consent. Contraception	Consumer Rights and the Law British Values	Physical Wellbeing and fitness	Diversity LGBT/Sexuality	Apprenticeships/ College Life beyond Sackville Opportunities
<u>11</u>	Risky Online relationships, being safe online/sexting Career and beyond 16 applications	Negative relationships-abuse, sexual violence	Money and Finance Budgeting, Debit	Wellbeing and Exams study skills Relaxation techniques	Managing emotions within relationships- relationships under pressure-(exams)	

Current Assembly Themes 2017-2018

Autumn	Spring	Summer
1. Democracy 2. Mental Health 3. Diversity-Black History 4. Peace 5. Anti-Bullying 6. E-Safety	1. Making a difference 2. Inter-Faith 3. Holocaust 4. Fairtrade 5. Gender 6. Exploitation	1. Justice 2. World Health 3. Poverty 4. Globalisation 5. Human Rights 5. Environment

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